1. Mother Tongue: Dante

Communication in the mother tongue is the ability to express and interpret concepts, thoughts, feelings, facts and opinions in both oral and written form, and to interact linguistically in an appropriate and creative way; in education and training, work, home and leisure. During the mobility the use of mother tongue is reduced. However, the immersion in another linguistic context could allow the participants to see their mother tongue from another point of view and to make comparison with other languages.

Dante (May 1265 - September 13, 1321) was a major Italian poet of the Late Middle Ages. His Divine Comedy, is widely considered the greatest literary work composed in the Italian language and a masterpiece of world literature. Dante also played an instrumental role in establishing the national language of Italy. And has now been named "the Father of the Italian language" and one of the greatest poets of world literature.

Task to accomplish and type of evidence and assessment/person in charge:
✦ Provide at least 5 new words related to the mobility experience you have learnt in your language - peer assessment
✦ Discover and learn how to say in your language a typical local expression (such as “In bocca al lupo” if in italian) - mentor
✦ Find a word impossible to translate in your language - mentor
✦ Teach some words or expressions of your language to foreign people - self assessment

2. Foreign Language: Virginia Woolf

Communication in foreign languages it is based on the ability to understand, express and interpret concepts, thoughts, feelings, facts and opinions in both oral and written form in an appropriate range of societal and cultural contexts (in education and training, work, home and leisure) according to one's wants or needs.

During the mobility the participants will have to deal with foreign languages (especially the one of the hosting country), to learn how to interact and communicate with different people (children, adults, elderly) who will require different registers (formal, informal, etc.) in different context.

Virginia Woolf (25 January 1882 – 28 March 1941), was an English writer and one of the foremost modernists of the twentieth century. She is considered to be a major innovator of English language and her works are famous for their correct and expressive use of language.

Task to accomplish and type of evidence and assessment/person in charge:
✦ Communicate by phone in a language that is not your mother tongue with… ( company tutor…coordinating organization tutor…) - self assessment
✦ Provide a list of 5 new words you learnt in the hosting country language - mentor
✦ Order food using the hosting country language - peer assessment
✦ Buy a bus pass using the hosting country language- peer assessment

3. Science and Technology: Albert Einstein

Mathematical competence is the ability to develop and apply mathematical thinking to solve a range of problems in everyday life. Competence in science and technology refers to the ability to use knowledge and methodology in response to perceived human wants or needs. Mathematical thinking could be useful for solving little everyday life problems and managing properly all resources (time, money, etc.). Participants could put in practice their scientific and technological knowledge during the mobility. They will also gain new ones from the different situation and context that they will have to deal with (work, cohabitation, leisure time, etc.).
Albert Einstein (14 March 1879 – 18 April 1955) was a German theoretical physicist. His intellectual achievements and originality have made the word "Einstein" synonymous with "genius".

Task to accomplish and type of evidence and assessment:
- Final evaluation: calculate how much you spent during your working experience abroad and how much comes from the grant - mentor
- Proof that you learnt to deal with a different currency (if applicable) - self assessment
- Proof that you learnt to manage the pocket money - mentor
- Compare products price - Describe to your mentor a method you found to save money. Please describe your experience below - peer assessment
- Calculate the more efficient and quick way to get to reach your workplace - mentor

4. Digital Skills: Bill Gates

Digital skills involves the confident and critical use of Information Society Technology (IST) for work, leisure and communication. It is underpinned by basic skills in ICT: the use of computers to retrieve, assess, store, produce, present and exchange information, and to communicate and participate in collaborative networks via the internet. During the mobility, participants use or develop their skills in dealing with digital media. Depending on the participant's skills and background knowledge, this covers the fundamental competences of using internet and e-mail communication as well as the competence of creating and maintaining websites.

Bill Gates (October 28, 1955) is an American business magnate, investor, author and philanthropist. In 1975, Gates and Paul Allen co-founded Microsoft, which became the world's largest PC software company.

Task to accomplish and type of evidence and assessment/person in charge:
- Prepare a digital presentation of your mobility experience (Video, PPT, Prezi, Slide bean) - mentor
- Did you use IT device (skype, whatapp, facetime...) for contacting your home family while you are abroad? Describe your experience below - self assessment
- Provide an example of a digital competence acquired - peer assessment

5. Learning to Learn: Confucius

Learning to learn’ is the ability to pursue and persist in learning, to organize one's own learning. This competence includes awareness of one's learning process and needs, identifying available opportunities, and the ability to overcome obstacles in order to learn successfully.

Learning takes place in mobility projects in the most diverse ways. Before their placement participants set themselves goals which they pursue during their posting, such as: becoming independent, getting to know a new culture, personal aims connected to a career search or personal development, etc. Through training and personal accompaniment it is frequently possible to reflect on learning experiences and to become more aware of the learning process.

Confucius: (September 28, 551 – 479 BC) was a Chinese teacher, editor, politician, and philosopher of the Spring and Autumn period of Chinese history. He espoused the well-known principle "Do not do to others what you do not want done to yourself", the Golden Rule.

Task to accomplish and type of evidence and assessment/person in charge:
- Make a list of problems to face at the beginning - Explain at the end how you faced them and solved them during the final evaluation - mentor
- Report to your mentor about the situations in the mobility which motivate you the most - mentor
- Provide an example of destroying a prejudice - mentor


Social and Civic competences include all forms of behavior that equip individuals to participate in an
effective and constructive way in social and working life and to resolve conflict where necessary. It is linked to personal and social well-being. An understanding of codes of conduct and customs in the different environments in which individuals operate is essential. Mobility projects offer testing experiences, handling different challenges in a new country with a different language spoken in a special way. Mobility makes a contribution to the development of European citizenship and participants represent a bridge between different countries. They meet people from different countries in order to exchange experiences, to address key questions and to enliven Europe.

Nelson Mandela (18 July 1918 – 5 December 2013) was a South African revolutionary, politician, and philanthropist, who served as President of South Africa from 1994 to 1999. His fight against apartheid in South Africa cost him 27 years in jail.

Task to accomplish and type of evidence and assessment/person in charge:
- Make a list of 5 examples of differences in living conditions between your country and the hosting country - mentor
- Describe through a presentation a typical working day and typical free day of local people in the hosting country (habits, consuetudes and timetable) - mentor
- Participate to a local event (for charity, celebration, anniversary of historical events, etc.) and be able to explain all circumstances - peer assessment

7. Sense of Initiative: Steve Jobs

Sense of initiative and entrepreneurship refers to an individual's ability to turn ideas into action. It involves creativity, innovation and risk-taking, as well as the ability to plan and manage projects in order to achieve objectives. This supports individuals, not only in their everyday lives at home and in society, but also in the workplace in being aware of the context of their work and being able to seize opportunities.

Steve Jobs (February 24, 1955 – October 5, 2011) was an American information technology entrepreneur and inventor. Jobs is widely recognized as a pioneer of the microcomputer revolution of the 1970s and 1980s.

Task to accomplish and type of evidence and assessment/person in charge:
- To take the initiative / to offer your support on the workplace before they ask you! - mentor
- To do something extra at home/ on the workplace - mentor assessment
- To organize a dinner, a football match, a cultural visit with your friends - peer assessment
- Give yourself a task ! - self assessment

8. Cultural awareness and expression: Malala Yousafza

Creative expression of ideas, experiences and emotions in a range of media, including music, performing arts, literature, and the visual arts. Either organizations offer an opportunity to develop cultural aspects during the mobility project or young people use this form of expression based on their own initiative. Increasing cultural awareness prepares the ground for effective intercultural learning. If participants reflect on different cultural traditions, behaviour in general or specific contexts, major learning steps can be made to become aware of differences and similarities. This can facilitate a learning step towards cultural awareness and how to deal with new contexts.

Malala Yousafzai (12 July 1997) is a Pakistani activist for female education and the youngest-ever Nobel Prize laureate. She is known mainly for human rights advocacy for education and for women in her native Swat Valley in Pakistan, where the local Taliban had at times banned girls from attending school.

Task to accomplish and type of evidence and assessment/person in charge:
- Make a list of 3 ways of not-typical cultural expression which you can find in the place of your mobility - mentor
- Describe situation when you were involved in any cultural expression - mentor
- Express and share aspect of the participants’ culture towards a foreign audience (through creative presentations, speech, food, music, cinema, etc.) - peer / self assessment
9. Improve Yourself: Mahatma Ghandi

This badge is about the development of soft skills during the mobility experience, especially in working context. All these skills are universal, they can be developed by participants despite the sector of the hosting company. By obtaining "Improve Yourself" badge, the participants will be aware of their capacity to stay in a company, to behave properly, be flexible, responsible, autonomous and able to work in a team. Soft skills can be considered as personal skills, but they are also profitable also from the professional point of view.

Mahatma Gandhi (2 October 1869 – 30 January 1948) was the preeminent leader of the Indian independence movement in British-ruled India. Employing nonviolent civil disobedience, Gandhi led India to independence and inspired movements for civil rights and freedom across the world.

Task to accomplish and type of evidence and assessment (mainly related to the workplace, mentor should evaluate through the company):

- Being on time (I’ve never been late at my workplace) - mentor
- Being flexible and capable to adapt (I’ve never complained about tasks at work, problems with housefriends, other) - mentor
- Well equipped (I brought all what was necessary for working, for a guide tour, other) - mentor
- Responsibility towards commitment and duties in and out my working place - mentor

10. Walk Together: Dame Green

"Walk Together" or "Be Cooperative Badge" is attesting the ability of the participants to be active part in a group/community of people and to collaborate with them, in order to pursue common objectives and to improve each members’ quality of life. The development of the competences connected to this badge can be performed in everyday life situations in the hosting country, such as: cohabitation, traveling and going out, shopping or orientating in the new hosting town, etc.

Dame Pauline Green (8 December 1948) was a member of the Labor Party and Cooperative of the European Parliament and former leader of the Parliamentary Group of the Party of European Socialists (PPSE). It was instrumental in uniting the movement in the UK, and a key player in a wave of new cooperative development. He retired in the UK co-operative in 2009 after his appointment as President of the ICA.

Task to accomplish and type of evidence and assessment:

- Provide an example of cooperation with tutor or mentor - mentor
- Provide an example of cooperation with the group / classmates - peer evaluation
- Provide an example of cooperation with house friends (in cooking, housekeeping, other) - peer evaluation